



**B63003**

User manual



Please read this manual before using the product to fully understand its use and operation.

## CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.
- Do not expose your device to hot water or water vapors.
- Water and dust resistance is not permanent and may decrease as a result of regular use.
- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.

- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

### **System Requirements:**

Android: Android 5.0 or above

iPhone: iOS 11.0 or above

### **Download and install the application**

1. Go to our website [www.mareasmart.com](http://www.mareasmart.com) and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).
2. Download and install on your phone the official app that corresponds with your smartwatch model.
3. Open the app and enable all the permissions that the app requests.
4. Turn on Bluetooth on your phone.
5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.
6. Bind your Marea Smartwatch through the app.

### **Notes on linking:**

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications

are connected, they can affect the connection between the watch and the phone.

- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.
- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

## Smartwatch operation

### Turn on/off

Press and hold the side button for 3 seconds to turn on the smartwatch; short press the side round button to activate the watch when in standby mode.

Press and hold the side button for 3 seconds to turn off the smartwatch.

### Button and screen operation

From the home screen on the smartwatch:

- Swipe up to enter to enter the message interface.
- Swipe down to see the status bar. It shows the connection status, date and battery, and includes quick access to some functions (brightness control, flashlight, do not disturb mode).
- Swipe left to enter the shortcut menu. It includes heart rate monitor, exercise data, stress monitor, SpO2 monitor, female health (it must be set in the app first) and customize shortcuts page (click “+” to add functions like sleep monitor, weather, music remote control and dial, and use “-“ to remove functions).
- Swipe right to open the quick menu. It includes time, date, alarm, weather and the four functions that you most recently used.
- Short press the side button to enter the main menu.

## **Return**

From any function, swipe right to return to the previous menu or short press the side round button to return to the home screen.

## **Home screen selection**

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it your home screen. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

## **Main functions in Smartwatch**

The main menu includes the following functions:

### **Screen on mode**

If this function is activated, the screen will stay on for 5 minutes.

### **Sports**

Includes different sport modes like running, treadmill, walking, cycling, hiking, basketball, badminton, football, yoga, free training and many more. To see all available

sports and add a sport to the main list, click customize, then the “+” sign.

Click on the corresponding exercise mode to begin the recording. Press the side round button to end the exercise and save the data. You can check the last recordings on the next icon on the main menu (Sports records). On the app you can check the historical data.

- **Sports with GPS:** when starting the measurement in one of the sports available with GPS, the smartwatch will ask you to wait a few seconds to find the GPS signal. After pairing successfully, click on the smartwatch screen to start measurement.

## **Steps**

Shows the steps taken, the distance traveled and the calories consumed on the current day.

## **Heart Rate**

Upon entering the function, the heart rate measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

## **Blood Pressure**

Upon entering the function, press the play icon to start the blood pressure measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

## **Blood Oxygen**

Upon entering the function, the blood oxygen measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

## **Stress Monitor**

Upon entering the function, the stress measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

You can also view a graph of the current day's stress level, as well as the minimum and maximum value for the day.

## **Notes on health functions:**

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The



test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.

- Be sure that there the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

## **Stopwatch**

Click on the start icon to start the count. Click on the clock icon to save a split or lap time (you can save up to 20 split times). When the time is paused, click the reset icon to reset to 0.

## **Messages**

Shows the last 10 messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide to the bottom and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select

what type of notifications you want to receive on the smartwatch.

## **Sleep Monitor**

If you have worn the watch during the previous night, it shows the total sleep time of last night. You can check the historical data on the app.

## **Weather**

Displays the current weather and temperature, as well as the forecast for the next two days. The phone and the watch must be linked so the watch can receive the weather info from the phone.

## **Breathing exercise**

There are three modes of breathing monitoring: slow, soothing, and a bit faster. The time of the measurement can be set to 1, 2 or 3 minutes.

## **Alarm clock**

You can set up to 5 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

## **Camera remote control**

Upon entering the function, the camera on the phone will open. Press the camera icon on the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

## **Music remote control**

Displays buttons to play / pause, skip to previous or next song and turn volume up/down, to remotely control the music playing on the paired phone.

## **Timer**

Swipe up and down to select the desired time. Click on the start icon to start the countdown. Press the pause icon to pause the timer or the stop icon to reset the timer.

## **Find phone**

The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.

## **Calendar**

Click the left and right arrows buttons to view the date.

## **Game**

You can control the plane to attack or dodge the enemy, and earn points based on flight time.

## **World clock**

You can display up to 5 different time zones (must be set from the app first).

## **Stock Market**

You can view the stock market (it must first be set from the app).

## **Calculator**

You can perform basic arithmetic operations.

## **QR code**

Shows a QR code to scan with your phone in order to download the app.

## **Settings**

- **Home screen selection.**
- **General:** includes the following functions:

- Raise hand to light the screen: you can set a time interval in which the smart watch's screen will turn on when you lift your wrist. You can also select the time that the screen is on before entering the standby mode.
- No disturb mode: You can set a time interval in which the smartwatch will not receive notifications.
- Password: The password lock will take effect 15 seconds after the screen is off. Entering a 4-digit password 2 times will turn on the password function. When the lock is on, you can enter the correct password to close it or change the password. If you forget the original password, enter the wrong password 5 times, then reset button can be selected.
- Screen saver (Standby dial): you can set a digital dial or pointer dial as the interface when the smartwatch is in standby mode.
- Bedside clock: when this function is on, it will display the time, date and charging status during charging. The display interface will be adjusted according to the placement status of the watch.
- **Brightness**: Slide up or down to increase or decrease the brightness of the screen. The brighter it shines, the more battery it will use.

- **Languages:** You can select the language on your smartwatch.
- **Menu style:** There are 5 main menu styles to choose from.
- **Shut down:** Turns off the smartwatch (click "√" to confirm or "×" to exit).
- **Reboot:** Reboots the smartwatch (click "√" to confirm or "×" to exit).
- **Restore:** Resets the smartwatch to factory settings (click "√" to confirm or "×" to exit). This function will erase all the data saved on the smartwatch.
- **About:** It shows de Bluetooth name, MAC address, software version and UI version.

**Main functions on the app** (they can only be used if the smartwatch is linked)

### **Dial Setting**

It includes a wide gallery of home screens that can be downloaded to the smartwatch, as well as the possibility of customizing your own home screen using an image saved on the phone (or taking a photo with the phone's camera).

## **Notifications**

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smartwatch as well. The last 10 messages / notifications can be viewed in the message interface on the smartwatch.

## **Anti-loss**

If this function is activated, when the smartwatch is out of the range of the phone's Bluetooth signal, it will ring and vibrate.

## **Do not disturb mode**

When this function is activated, the smartwatch will not receive notifications.

## **Sedentary reminder**

If this function is activated, when you have been in the same position for a long time, the smartwatch will vibrate and show the sedentary icon to remind you to get up and move.

## **Turn wrist to turn on screen**

If this function is activated, the smartwatch's screen will turn on when you lift your wrist.

## **Health Monitor**

If this function is activated, the smartwatch will automatically take heart rate measurements during the hours selected.

## **Female assistant**

You can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods.

## **Camera remote control**

The camera on the phone will open. Click on the camera icon on the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

## **Firmware update**

If there is a new version of the smartwatch's firmware, you can update to the latest version.



## **Synchronize contacts**

You can add contacts from your phone to the smartwatch's contact book.

## **Unlink**

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.