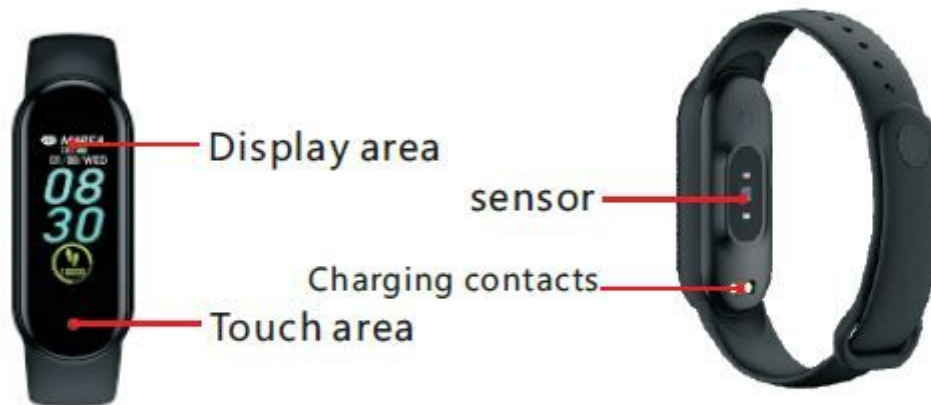# MAREA
SMART

B57007
User Manual

Please read this manual to fully understand its use and operation.
The company reserves the right to make changes to the contents of this manual without prior notice.
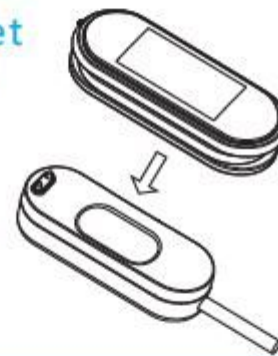
QUICK INSTRUCTIONA FOR BRACELET

Component introduction

Display area

sensor

Charging contacts

Touch area

Press and hold the touch area to turn on.

Charging and activation of the bracelet
Before using the bracelet for the first time, it needs to be charged and activated. Use only the included magnetic charger. The metal part on the back of the bracelet must touch the other end on the charger

INSTALL BRACELET APP

1.Go to our website www.mareasmart.com and find your smart watch model (B57007).
2.Download and install on your phone the official app that corresponds with your smart watch model
3.Open the app and enable all the permissions that the app requests
4.Turn on Bluetooth on your phone
5.Make sure that the smart watch has not been linked directly through Bluetooth to your phone. If so, unlink it.
6.Bind your Marea Smart watch through the app

MAIN FUNCTIONS

Main interface/Dial

Long press the touch area on the main interface to directly Switch dial, dial has 5 styles.

Steps/distance/calories

Check the number of daily walking steps, walking distance and calories consumption at any time of the day. If the bracelet is linked to the app, it will send the data to the app.

Heart rate

Switch to the heart rate interface to start real-time heart rate detection. If the bracelet is linked to the app, it will send the data to the app

Blood pressure

Switch to the blood pressure interface to start real-time blood pressure detection. If the bracelet is linked to the app, it will send the data to the app.

Note: The test results are for reference only and cannot be used as medical data

Blood oxygen

Switch to the blood oxygen interface to start real-time blood oxygen detection. If the bracelet is linked to the app, it will send the data to the app.
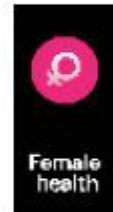
Sports
Long press the sport mode interface to enter, click to switch sport. Long press to start the measurement. Long press to stop.

Women's health
Long press the women's health interface to view the cycle status.

Breathe
Long press the breath interface to enter the breathing training test.

Message
Long press the message interface to view the received messages. Click to go to the next message. Long press to erase that message.

Settings
Long press the settings interface to enter the settings menu, which includes the following functions:

About
Long press to display Bluetooth information: the last four digits of the address and the version number.

Restore
Long press to restore the bracelet to factory settings

Turn off
Long press to shut down the bracelet.

Find phone
Long press to make the phone vibrate and/or ring.

Brightness
Long press to set the screen brightness.

Reset Off

Find me Lighteness

Notifications
The notifications must be set and activated on the APP. The phone and the bracelet must be linked via Bluetooth so the bracelet can receive notifications from the phone.

Lily 08 : 00

Sleep monitoring
Wear the bracelet when sleeping to monitor the length of total sleep, and deep and light sleep state.

CAUTION

1.Do not use power adapters with charging voltage >5V and charging current >2A

2.Do not charge if the device is wet.

3.This product is an electronic monitoring product and must not be used as a medical device. The test results are for reference only.

4.Blood pressure test method: Rest for more than 5 minutes before the test; do not eat, smoke, take medicine or drink caffeine for 2 hours before the test;
During the test, keep a comfortable and still sitting position and speak quietly. Make sure the bracelet is at the same height as the heart (as shown on the image)

F.A.Q

1.Why the blood pressure test is not working?
The blood pressure test is affected by the external environment and personal skin color. Blood pressure monitoring only measures changes in blood pressure. It cannot test or monitor the blood pressure of patients with hypertension. It cannot be used as a medical device. The test results are for reference only.

2.Why does the bracelet not receive notifications?
2.1 Android phone:
When the user turns on the notifications switch for the first time, the App will ask for the corresponding permissions. Actívate all the permissions needed.
2.2. IOS phone:
When the user turns on the call or message notifications switch, the system will automatically pop up the pairing request. The user needs to confirm the pairing.