# B59006







Please read this manual to fully understand its use and operation.

## Notes:

• The company reserves the right to modify the contents of this manual without any further notification. It is normal that some functions may vary in certain versions of software.

• Please charge this product with the charger provided for no less than 2 hours before using it for the first time.

• In the APP, set personal information to sync time before using the smart watch. Please refer to the instructions about synchronization for details.

• The smart watch lights up when charging and when receiving notifications from the telephone. Bright red during charging, green after fully charged, and color flickering when receiving notifications.

## 1. Requirements

The smart watch can be paired with:

- Android phone: supports OS 5.0 and above
- Iphone : supports OS 9.0 and above

## 2. APP download

1. Go to our website <u>www.mareasmart.com</u> and find your smart watch model (B59006).

2. Download and install on your phone the official app that corresponds with your smart watch model

- 3. Open the app and enable all the permissions that the app requests
- 4. Turn on Bluetooth on your phone

5. Make sure that the smart watch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smart watch through the app

## Notes:

• For Apple phone users: If it is in standby or hibernation state for a long time (for example, for 2 hours or more, the phone has not been used and it is in a black screen state), APP will be cleaned up by the iOS system, so the APP and the watch will disconnect and the functions on the APP will not be available. Please re-open it and they will automatically reconnect.

• For Android phone users: After installing the APP on the phone, you need to enable the background application launch permission in the settings of your phone. Each smart phone is different. Take a Huawei phone as an example. The steps are as follows:

Settings--Application--Application Launch Management-- APP, find the application, change the

automatic management to manual management, open all permissions (allow Auto-launch, Secondary launch, Run in background). This is only for the application to maintain the Bluetooth connection with the watch while the phone is in standby mode (the phone does not have a bright screen). This permission will not use network traffic, nor does it affect the power consumption of the phone.

## 3. Link APP and Watch

3.1 Open the app and set your personal information, such as "Height", "Weight", "Birth Year", etc.3.2 Switch to the home page, click "Add a Device" and click on the icon with the model number of your smart watch.

3.3 It will automatically switch to the home page after a successful connection between app and watch. Click the device icon to switch to the device page to check connection status. This page will also show the device model and picture, battery, device address and other information.

3.4 For iPhone users: when pairing fails, check that the phone is not connected to other devices. If so, in phone settings, enter to Bluetooth settings and ignore the other device on the phone before a new pairing.

## 4. APP functions (available after connected successfully)

4.1 Watch faces: Select a dial and click on the top left corner to return and save it.

4.2 Notifications: You can select the notifications you want to receive on your smart watch.

4.3 Alarms: There are 3 different alarms available. Click on them to set the alarm time.

4.4 Shutter:

- Android phone users: Click the shutter function on the APP and the watch will show a camera icon. Click it to take a photo on your phone. Photos will be automatically saved on the album in your phone.
- iPhone users: it is necessary to open the camera on the phone manually (due to the iOS system) and then click to take pictures from the watch.

4.5 **Others:** 

4.5.1 Find Device: The smart watch will vibrate so you can find it.

4.5.2 **"Do not disturb":** Default mode is OFF. You can set the "do not disturb" mode according to your personal needs. The smart watch will not receive notifications while it is ON.

4.5.3 **Sedentary reminder**: Default mode is OFF. You can set the reminder according to your personal needs.

4.5.4 **Turn on screen by turning wrist**: Default mode is ON. When it is ON, the smart watch screen will automatically turn on when the wrist is turned.

4.6 **Upgrade:** When a new version of the software is detected, it can be upgraded.

4.7 **Remove:** To unlink the phone and smart watch.

Note: For iPhone users, go to "Settings" - "Bluetooth", to ignore current Bluetooth pairing in

order to unlink completely.

## 5. Smart watch functions

#### 5.1 Basics

5.1.1 **Turn ON:** When the watch is turned off, long press the side button for 5 seconds to turn on. In the standby state, short press the side button to wake it up.

5.1.2 **Turn OFF:** When the watch is turned on, long press the side button for 5 seconds to turn it off directly.

5.1.3 **Messages:** Slide down the main dial to enter the message interface and press once to view the saved messages. In order to do this, you must first turn ON the notifications in the application and allow time to synchronize with the smart watch. Slide left to delete the current message.

Messages received on the phone can be displayed on the smart watch, but cannot be answered from the watch. For incoming calls, they are displayed on the smart watch but cannot be heard or answered on the watch.

#### 5.2 Steps

You can view pedometer data on watch and APP. When watch is successfully paired with APP, your sport data will automatically synchronize (or manually refresh) from watch to the APP, including steps count, distance, calories and other parameters.

#### 5.3 Sleep monitor

If you wear the watch when sleeping, you can check last night's sleep time on the watch after getting up the next morning. When watch is successfully paired with APP, the sleep data will be automatically synchronized (or manually synchronized) to the APP. The watch will automatically recognize and judge which is the sleep state. If you just get up briefly from bed, the sleep data displayed on the watch is different from the actual data because the watch is still detecting sleep. It is only when the watch completes detection that will show results of the whole night, and is consistent with the actual data. It will be acceptable to have some errors with the actual data due to different sleep states.

## 5.4 Heart rate monitor

When the heart rate data is empty, it displays "000Bpm". Go to the heart rate icon, press once to start the test. The data is displayed on the watch after the test. It is measured for 30 seconds and the watch only keeps the last data. If you exit from the this function during the test, the data will not be recorded.

## 5.5 Training

5.5.1 Training mode includes: Walking, Running, Cycling, Skipping, Badminton, Basketball, Football.

5.5.2 Switch to the corresponding training icon: Press once to enter the corresponding exercise mode. It will show data such as steps, distance, calories, heart rate and exercise duration. Slide right to pause and exit.

5.5.3 Activity data can only be viewed on the APP, not on the watch.

## **5.6 Blood Pressure**

Go to the blood pressure icon and press once to start the test.

## 5.7 Blood Oxygen

Go to the blood oxygen icon and press once to start the test.

## 5.8 Weather

After the weather function is enabled on the APP, it will be displayed on the watch. It won't display if it's OFF on the APP.

## 5.9 Other

Slide left on the main screen to enter the other functions menu:

5.9.1 Shutter: You can take a photo with your phone camera by remote control.

• For Android users: Click "Shutter", your phone turn on the phone's camera, the camera icon will appear on the watch. Press and hold the touch area of the smart watch to take a photo.

• For iPhone users: Click the "Shutter", on your phone you must manually enter the camera interface and then click to take photos from the smart watch.

5.9.2 **Timer**: Press once to enter the timer interface, press play to start timing. You can pause or restart. Slide right to exit.

5.9.3 **Brightness**: Press once to enter the brightness interface, press + or - to set the brightness level. Slide right to exit.

5.9.4 **Reset**: Press once to restore factory settings, the watch will return to the factory state.

5.9.5 Turn off: Press once to turn off the watch.

5.9.6 Version: Press once to check the Bluetooth name, device type, device address, etc.

## 6. Caution

• Only one smart watch pairing application should be installed on the phone to ensure that the connection with the smart watch is normal. If several applications are connected, they can affect the connection between the watch and the phone.

Note: Some Android phones will prompt you that you cannot install them. Please go to 'settings' of the phone and authorize the 'Unknown source'.

• When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.

• Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background.

Android phone settings (background running method): open the phone settings - application management – official application - Rights management - Backstage management - select background running. (The setting method may be different due to different mobile phone versions and models).

Heart rate monitoring requires that the watch and arm are in contact, and the watch should

not be too tight or too loose. The test may be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect heart rate sensor monitoring.

• Avoid hitting the smart watch, it could break the glass.

• Use only the charger that is included with the product. Make sure that the charger and the smar twatch are properly connected. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.

• The smart watch cannot be used as a medical device. The test results are for reference only.

## 7. Troubleshooting

In case there is a problem when using the smart watch, please solve it accordingly to the following steps. If the problem is not solved, please contact the seller or designated maintenance personnel.

7.1 The watch cannot be turned on:

- Press the button for over 3 seconds.
- Make sure there is enough battery. Battery power may be too low, please charge it.
- If the smartwatch has not been used for a long time and the normal charger does not respond, please try charging it with a new charger.

7.2 It shuts down automatically:

• Battery power may be too low, please charge it.

7.3 Short battery life:

- It may occur when the battery has not been fully charged, please ensure there is enough time for charging (at least 2 hours is required).
- Charger or data cable may not work properly, please change to new ones.
- Please check the port of the data cable and try again to ensure a proper connection.

7.4 Bluetooth disconnects or unable to connect:

- Please restart it.
- Please turn off Bluetooth of mobile phone and open it to reconnect.
- 7.5 Inaccurate sleep data:

• The sleep monitor is designed to mimic the natural pattern of falling asleep and waking up. Please use the smart watch during the day, otherwise a deviation may occur if you go to bed late or only use it while you sleep. Sleep data may not be generated if you go to bed during the day.