B63005

User manual

Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.
- Do not expose your device to hot water or water vapors.
- Water and dust resistance is not permanent and may decrease as a result of regular use.
- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.

- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

System Requirements:

Android: Android 8.0 or above

iPhone: iOS 13.0 or above

Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).

2. Download and install on your phone the official app that corresponds with your smartwatch model.

3. Open the app and enable all the permissions that the app requests.

4. Turn on Bluetooth on your phone.

5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smartwatch through the app.

7. Once paired through the app, to use the Bluetooth calling features, the app will ask you to pair directly via Bluetooth from the phone settings. Confirm the pairing (if the phone does not ask you for confirmation automatically,

you will need to go to the mobile phone settings and pair it via Bluetooth manually).

Notes on linking:

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications are connected, they can affect the connection between the watch and the phone.
- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.

- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system , so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smartwatch operation

Turn on/off

Press and hold the side button for 3 seconds to turn on the smartwatch; short press the side button to activate the watch when in standbymode.
Press and hold the side button for 3 seconds to turn off the smartwatch.

Button and screen operation

From the home screen on the smartwatch:

- Swipe up to enter the message interface.
- Swipe down to access some setting functions.
- Swipe left or right to show the side menu. It includes the contacts, weather, music, sleep control and stress, Heart rate and overall steps, calories and distance.
- Press the side button to enter the main menu.

Return

From any function, swipe right to return to the previous menu or short press the side button to return to the home screen.

Home screen selection

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it your home screen. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

Main functions on the smartwatch

Call log / Contacts / Call function

You can make and receive Bluetooth calls from your smartwatch. From the app, you can select which contacts you want to import to the contact list on your smartwatch. The phone and the watch must be linked and within the Bluetooth range.

Sports

Includes different sport modes. Click on the corresponding exercise mode to begin the recording. Press the side

button to end the exercise and save the data. On the app you can check the historical data.

Sport data

Shows the steps taken, the distance traveled and the calories consumed on the current day.
You can slide up to see graphs by hours of the current day and also to change your daily goals.

Heart Rate

Upon entering the function, the heart rate measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see a graph with the heart rate tests results of the current day. On the app you can check the historical data.

Blood Pressure

Upon entering the function, click on the "play" button and the blood pressure measurement will start. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

Blood Oxygen

Upon entering the function, the blood oxygen measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed.

Stress

Upon entering the function, the stress measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see a graph with the tests results of the current day.

Notes on health functions:
- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- Be sure that there the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any

medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

Stopwatch

Click on the start icon to start the count. You can pause the time or click on the stopwatch icon to save a lap time. When the time is paused, click the reset icon to reset to 0.

Messages

Shows the 10 last messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide up and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smartwatch.

Sleep Monitor

If you have worn the watch during the previous night, it shows the sleep time of last night. You can check the historical data on the app.

Weather

Displays the current weather, temperature, wind speed, precipitation, UV, humidity and visibility, as well as the

weather forecast for the following days. The phone and the watch must be linked so the watch can receive the weather info from the phone.

Breathing guide

There are three modes of breathing monitoring: slow, moderate, and fast. The time of the measurement can be set to 1, 2 or 3 minutes.
Follow the steps to breath in and out.

Alarm clock

You can set up to 5 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Camera remote control

The camera on the phone will open. Click on the screen of the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.
Note: When the camera usage request appears, select "Allow".

Music remote control

Displays buttons to play / pause, skip to previous or next song and turn volume up/down, to remotely control the

music playing on the paired phone. The phone and the watch must be linked and within the Bluetooth range.

Timer

Select the time for the countdown. Click on the start icon to start the countdown. You can pause the timer or reset to the original time.

Voice assistant

You can activate and give instructions to your phone's voice assistant from your smartwatch.

Find phone

The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Calendar

You can check a monthly calendar.

World clock

You can display different time zones (must be set from the app first).

Stock Market

You can view the stock market (it must first be set from the app).

QR code

Shows a QR code to scan with your phone in order to download the app.

Settings

It includes the following functions:

- **Dial setting:** Click on the desired screen to make it your home screen. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.
- **General:**
  - **Turn wrist wake:** If this function is on, when you turn your wrist the screen will wake up from standby mode. You can select the seconds it will take for the screen to turn off after waking up when turning your wrist, as well as the hours of the day you want this function to be active. The longer the screen is on, the more battery it will use.
  - **Do not disturb mode:** You can set a time interval in which the smartwatch will not receive notifications.
  - **Password:** To set the password, enter a 4-digit password 2 times. The password lock will take

effect 15 seconds after the screen is off. When the lock is on, you will be requested to enter the correct password to turn off the password function or to change it. If you forget the original password, enter the wrong password 5 times, and you will be asked to reset the watch.

- o **Bedside clock:** If activated, while the smartwatch is charging, its screen will show the time continuously.

- **Brightness:** You can increase or decrease the brightness of the screen. The brighter it shines, the more battery it will use.
- **Languages:** You can select the language on your smartwatch or synch the language on the paired phone.
- **Theme:** There are different main menu styles to choose from.
- **Power off:** Turns off the smartwatch (click "$\sqrt{}$" to confirm or "×" to exit).
- **Reboot:** Turns off the smartwatch and then on again (click "$\sqrt{}$" to confirm or "×" to exit).
- **Factory reset:** Resets the smartwatch to factory settings (click "$\sqrt{}$" to confirm or "×" to exit). This function will erase all the data saved on the smartwatch.
- **About:** It shows de Bluetooth name, MAC address, software version and UI version.

Additional functions on the slide up menu:

- **Screen on (sun icon):** If activated, the screen will stay on for 5 min. The longer the screen is on, the more battery it will use.
- **Flashlight:** The screen will light up so it can be used as a flashlight.
- **Speaker (phone/watch icon):** you can choose to use the speaker on the watch or the one on the paired phone.
- **Do not disturb mode (moon icon):** You can set a time interval in which the smartwatch will not receive notifications.

Additional functions on the app (they can only be used if the smartwatch is linked)

Health Monitor

If this function is activated, the smartwatch will automatically take heart rate measurements during the hours selected.

Female assistant

You can set and check the latest month end time, the

menstrual period length, and the number of days between menstrual periods.

Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smartwatch will vibrate and show the sedentary icon to remind you to get up and move.

Vibration intensity

Select the intensity of the vibration of the smartwatch.

Screen time

Select the seconds it will take for the screen to turn off when not in use. The longer the screen is on, the more battery it will use.

Anti-loss

If this function is activated, when the smartwatch is out of the range of the phone's Bluetooth signal, it will ring and vibrate.

Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.

Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.