# MAREA SMART

# B59007

## User manual

Please read this manual before using the product to fully understand its use and operation.

# CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Avoid hitting the smartwatch, it could break the glass.
- The waterproof rank is IP67, therefore the smartwatch can be used for daily life. But the smartwatch cannot be used for diving or be under water for a long time. Furthermore, the smartwatch cannot be used in showers / baths with hot water (the water steam can damage it) or in salt water (if it entered the smartwatch, it would corrode the internal parts).

**System Requirements:**

Android: Android 5.0 or above

iPhone: iOS 9.0 or above

## Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).

2. Download and install on your phone the official app that corresponds with your smartwatch model.

3. Open the app and enable all the permissions that the app requests.

4. Turn on Bluetooth on your phone.

5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.

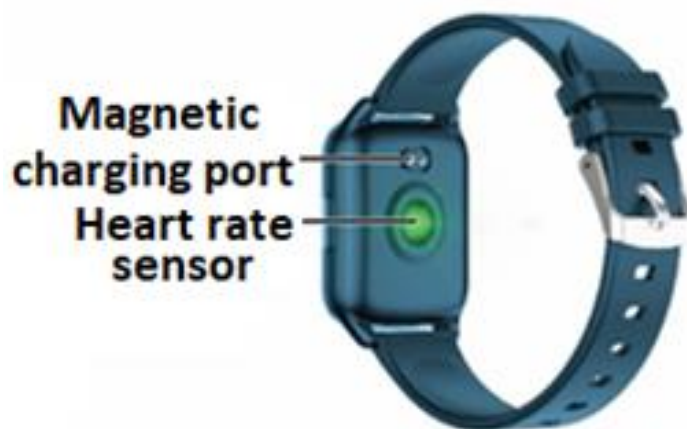6. Bind your Marea Smartwatch through the app.

**Notes on linking:**

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications

are connected, they can affect the connection between the watch and the phone.

- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.

- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.

- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.

- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system , so the

application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

## Smartwatch operation



**Turn on/off**

Press and hold the side button for 3 seconds to turn on/off the smartwatch; short press the side button to activate the watch when in standbymode.

**Return**

From any function, swipe right to return to the previous menu or short press the side button to return to the home screen.

**Home screen selection**

Long press the home screen to enter the selection interface, swipe right / left to see all available options.

## Main functions in Smartwatch

- From the home screen on the smartwatch swipe up to enter the main menu, which includes the following functions:

**Steps**

Shows the steps taken on the current day.  You can check the historical data on the app, as well as the distance and calories consumption.

**Sleep Monitor**

If you have worn the watch during the previous night, it shows the total sleep time of last night. You can check the historical data on the app.

**Heart Rate**

Upon entering the function, click once on the screen to start the measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

## Sports

Includes different sport modes: walking, running, cycling, skipping, badminton, basketball and football. Click on the corresponding exercise mode to begin the recording. Slide right to pause or end the exercise and save the data. For the sport data to be saved, the recording must last more than 2 minutes and include heart rate data. On the app you can check the historical data.

## Blood Pressure

Upon entering the function, click once on the screen to start the measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

## Blood Oxygen

Upon entering the function, click once on the screen to start the measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

**Weather**

Displays the current weather and temperature. The phone and the watch must be linked so the watch can receive the weather info from the phone.

**Notes on health functions:**

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

- From the home screen on the smartwatch swipe left to enter the shortcut menu, which includes the following functions:

**Camera remote control**

The camera on the phone will open. Shake the smartwatch and the phone will take a photo. The photo

will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow·".

## Stopwatch

Click on the start icon to start the count. You can pause the time or click the reset icon to reset to 0.

## Brightness

Click "+" to increase and click "-" to decrease the brightness of the screen. The brighter it shines, the more battery it will use.

## Restore

Resets the smartwatch to factory settings (click "$\sqrt{}$" to confirm or "$\times$" to exit). This function will erase all the data saved on the smartwatch.

## Shut down

Turns off the smartwatch (click "$\sqrt{}$" to confirm or "$\times$" to exit).

## About

It shows de Bluetooth name, MAC address and software

version.

- From the home screen on the smartwatch swipe down to enter the messages interface:

**Messages**

Shows the last 3 messages / notifications. The phone and the watch must be linked and within the Bluetooth range.  Click on a message to read it. Slide left to clear all message records. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smartwatch.

## Main functions on the app (they can only be used if the smartwatch is linked)

**Unlink**

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.

## Dial Setting

Select the screen you want to set as home screen on your smartwatch.

## Notifications

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smartwatch as well. The last 3 messages / notifications can be viewed in the message interface on the smartwatch.

## Alarm clock

You can set up to 3 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

## Camera remote control

The camera on the phone will open. Shake the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select
"Allow" .

## Find smartwatch

The smartwatch will vibrate so you can find it. The phone
and the watch must be linked and within the Bluetooth
range.

## Do not disturb mode

You can set a time interval in which the smartwatch will
not receive notifications.

## Sedentary reminder

If this function is activated, when you have been in the
same position for a long time, the smartwatch will vibrate
and show the sedentary icon to remind you to get up and
move.

## Restore

Resets the smartwatch to factory settings. This function
will erase all the data saved on the smartwatch.

## Raise wrist to turn on screen

If this function is activated, the smartwatch’s screen will turn on when you lift your wrist.

## Firmware update

If there is a new version of the smartwatch’s firmware, you can update to the latest version.