



B58007

User manual



Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time. Use only the charger that is included with the product. Make sure that the charger and the smart watch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Avoid hitting the smart watch, it could break the glass.
- The smart watch cannot be used in showers / baths with hot water (the water steam can damage it) or in salt water (if it entered the smart watch, it would corrode the internal parts).

System Requirements:

Android: Android 4.2 or above

iPhone: iOS 10.0 or above

Download and install the application

1. Go to our website www.mareasmart.com and find your smart watch model. The model number is found on the

back of the smart watch (it starts with “B” and is followed by five digits).

2. Download and install on your phone the official app that corresponds with your smart watch model.
3. Open the app and enable all the permissions that the app requests.
4. Turn on Bluetooth on your phone.
5. Make sure that the smart watch has not been linked directly through Bluetooth to your phone. If so, unlink it.
6. Bind your Marea Smart watch through the app.

Notes on linking:

- Only one smart watch pairing application should be installed on the phone to ensure that the connection with the smart watch is normal. If several applications are connected, they can affect the connection between the watch and the phone. Some Android phones will prompt you that they cannot install the app. Please go to ‘settings’ of the phone and authorize the ‘Unknown source’.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on

your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.

- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system , so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smart watch operation



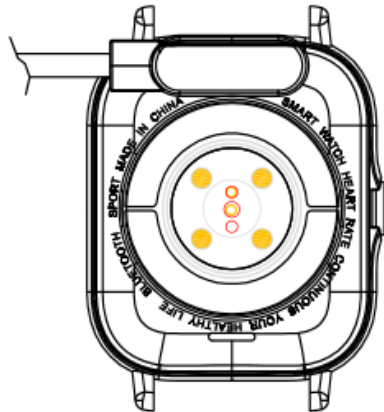
Turn on/off

Press and hold the side button for 3 seconds to turn on the smart watch; short press the side button to activate the watch when in standbymode.

Press and hold the side button for 3 seconds to turn off the smart watch.

Charger

When charging, the charger must contact the charge port on the back of the case's watch as shown:



Button and screen operation

From the home screen on the smart watch:

- Swipe down to see the status bar. It shows the connection status and battery, and includes quick access to some functions (brightness control, weather, find phone, settings, chronograph and info about smart watch).
- Swipe up to enter the main menu.
- Swipe right to enter the message interface.
- Swipe left to enter the shortcut menu. It includes exercise data (swipe up to view the number of steps, distance, and calorie consumption of the day), heart rate monitor and sleep monitor.

Return

From any function, swipe right to return to the previous menu or short press the side button to return to the home screen.

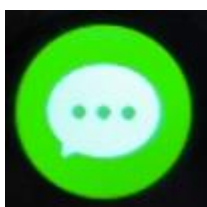
Home screen selection

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it your home screen.

On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

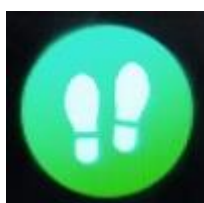
Main functions in Smart watch

The main menu includes the following functions:



Messages

Shows the last 10 messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide to the bottom and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smart watch.



Data

Shows the steps taken, the distance traveled and the calories consumed on the current day. Slide up to see hourly graphs. The data is cleared at

00:00 every day. You can check the historical data on the app.



Motion

Includes different sport modes: walking, running, cycling, skipping rope, badminton, basketball, football.

Select the corresponding exercise mode, click on the start button to begin the recording and the pause icon to pause the exercise. Click on the end button to end the exercise and save the data. The exercise data can be saved when the exercise time is longer than 1 minute (if not, it will prompt "Too little data to save").

On the app you can check the historical data.



Heart Rate

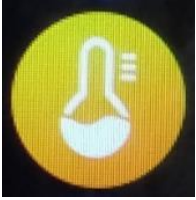
Upon entering the function, the heart rate measurement will start automatically. Wait about 10-20 seconds for the measurement to finish and the result will be displayed. The data will be saved in more detail on the app.



ECG

Enter the ECG menu on the app and then enter the ECG function on the smart watch. Wait for a while for the measurement to finish and the data will be saved on the app. The phone and

the watch must be linked and within the Bluetooth range.



Blood Pressure

Upon entering the function, the blood pressure measurement will start automatically. Wait about 10-20 seconds for the measurement to finish and the result will be displayed. The data will be saved in more detail on the app.

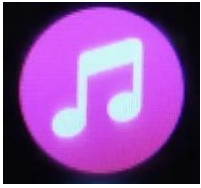


Blood Oxygen

Upon entering the function, the blood oxygen measurement will start automatically. Wait about 10-20 seconds for the measurement to finish and the result will be displayed. The data will be saved in more detail on the app.

Notes on health functions:

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- The results of the smart watch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.



Music remote control

Displays buttons to play / pause and skip to previous or next song, to remotely control the music playing on the paired phone. The phone and the watch must be linked and within the Bluetooth range.



Sleep Monitor

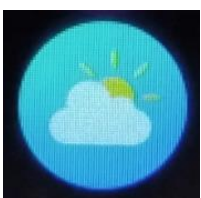
If you have worn the watch during the previous night, it shows the total sleep time of last night, as well as light and deep sleep times. You can check the historical data on the app.

Sleep monitoring time period: from 18:00 to 10:00 the next day.



Stopwatch

Click on the start icon to start the count. When the time is paused, click the reset icon to reset to 0.



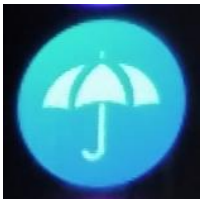
Weather

Displays the current weather and temperature. The phone and the watch must be linked so the watch can receive the weather info from the phone.



Find phone

The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.



Meteorology

Displays the day's ultraviolet (UV), atmospheric pressure, and altitude conditions.



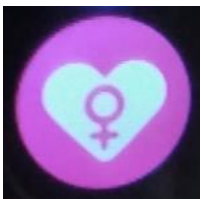
Breathing

There are three modes of breathing monitoring: slow, moderate, and fast. The time of the measurement can be set to 1, 2 or 3 minutes.



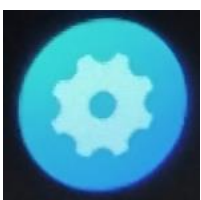
Massager

Click the green button to start the massage (vibration) and the red button to stop it.



Female assistant

Shows the status of women's menstrual period. On the app you can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods.



Settings

- **Languages:** English, Spanish, French, Italian, German, Russian, Portuguese, Chinese, Japanese

- **Home screen selection:** Click on the desired screen to make it your home screen. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.
- **Screen on time:** Select the time that the screen is on before entering the standby mode.
- **Vibration intensity:** Select the intensity of the vibration of the smart watch.
- **Restore factory settings:** Resets the smart watch to factory settings (click " $\sqrt{\quad}$ " to confirm or " \times " to exit). This function will erase all the data saved on the smart watch.



Menu style

There are 3 main menu styles to choose from.

Main functions on the app (they can only be used if the smart watch is linked)

Notifications

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on

the smart watch as well. The last 10 messages / notifications can be viewed in the message interface on the smart watch.

Data synchronization

If the watch is successfully linked to the app, click to synchronize the latest data from the watch to the app.

Dial Setting

It includes a wide gallery of home screens that can be downloaded to the smart watch, as well as the possibility of customizing your own home screen using an image saved on the phone (or taking a photo with the phone's camera).

Reminders

When a reminder is activated and the time has come for it to go off, the smart watch will vibrate and / or turn on the screen to show the corresponding icon. You can set different types of reminders:

- **Sedentary reminder:** when you have been in the same position for a long time, it reminds you to get up and move.
- **Drink water reminder:** it reminds you to drink water throughout the day.
- **Alarm clock:** you can set up to 5 alarms.

Do not disturb mode

You can set a time interval in which the smart watch will not receive notifications.

Raise wrist to turn on screen

If this function is activated, the smart watch's screen will turn on when you lift your wrist.

Camera remote control

The camera on the phone will open. Tap the camera icon on the smart watch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

Female assistant

You can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods.

Find smart watch

The smart watch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Firmware update

If there is a new version of the smart watch's firmware, you can update to the latest version.

Unlink

Click to unpair the smart watch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.