【Marea Smart Watch B58003】

User Manual

【Requirements】

🤖 Android 4.2 and above   🍎 iOS 10.0 and above

🅱 Bluetooth 4.2 and above

【Smart watch functions】

1. **Main Interface:** Shows the time, date and remaining power. Once the smart watch is linked to your phone, it will synchronize your phone's time. The time cannot be manually set on the smart watch.

2. **Status:** Shows steps, distance and calories burned.

3. **Messages**: Turn on the desired notifications on the APP. The notifications received on your phone will be shown on your Marea smart watch too.

4. **Sleep**: The smart watch records and shows the total sleep time from last night, as well as deep sleep time and light sleep time. More details and historical data are recorded and synced in the APP.

5. **Heart Rate**: Measures your current heart rate, the result will be shown afterwards. More details and historical data are recorded and synced in the APP.

6. **Blood pressure**: Measures your current blood pressure, the result will be shown afterwards. More details and historical data are recorded and synced in the APP.

7. **Blood oxygen**: Measures your current blood oxygen, the result will

be shown afterwards. More details and historical data are recorded and synced in the APP.

8. **Sport mode**: There are eight kinds of sport modes: fast walking, running, cycling, climbing, football, basketball, badminton, and ping-pong. The smart watch shows the exercise time, the calories burned and the current heart rate.

9. **Camera remote control**: Once this function is launched in the app, you can take photos with your phone's camera by shaking your smart watch.

10. **Music remote control**: You can control your phone's music player from your smart watch (play/pause, go to previous or next song).

11. **Turn on screen when turning wrist**: Turn on/off this function.

12. **Countdown timer**: Select the time to start counting down.

13. **Screen on time**: Set the duration of the screen on.

14. **Stopwatch**: You can start/pause/end the stopwatch.

15. **Find phone**: Click to make your phone ring and vibrate.

16. **Settings**: Includes version number, factory reset and shutdown.

【Touch screen use】

Swipe down to enter the shortcut interface: flashlight, brightness adjustment, and do not disturb mode

Swipe right to enter the message interface

Swipe left to enter the heart rate interface

Swipe up to enter the menu. Swipe up and down to view all the functions. Click on a function to enter its interface, and swipe right to exit

Right upper button

Short press to return to the main dial
Long press to shut down or reset

Lower right button

Return to previous level

Long press the main interface to change the dial

【App connection method】

Follow these steps to link your Marea Smart to your phone:

1. Enter our website www.mareasmart.com
2. Find your smart watch model on the website. The model number is found on the back of the smart watch (it starts with "B" followed by five digits, BXXXXX).
3. Download and install the official app for your model.
4. Turn on Bluetooth on your phone.
5. Make sure that the watch has not been linked directly through Bluetooth to your phone. If so, unlink it.
6. Open the app and enable all the app permissions.
7. Link your Marea Smart watch through the app.

【App functions】

1. **Home Page**:

   a. **Steps**: Shows a chart with daily, weekly, and monthly steps information, including the total distance and calories burned.

   b. **Sleep**: Shows a chart with daily, weekly, and monthly sleep information. Records the data from the smart watch to calculate the daily sleep quality.

   c. **Heart rate**: Provides daily, weekly, and monthly information in detail of your heart rate. The smart watch will measure your heart rate every hour (this function must be activated on the app).

   d. **Blood pressure**: Provides daily, weekly, and monthly information in detail of

your blood pressure. The smart watch will measure your blood pressure every hour (this function must be activated on the app).

e. **Blood oxygen**: Provides daily, weekly, and monthly information in detail of your blood oxygen level. The smart watch will measure your blood oxygen level every hour (this function must be activated on the app).

f. **Fatigue**: Measures your real time fatigue and displays the information for you hourly.

2. **Additional Functions (+)**

   a. **Exercise**: Records the exercise time, distance, calories burned, speed and map.

   b. **Find watch**: Click to make your smart watch vibrate.

   c. **Camera remote control**: Once this function is launched in the app, you can take photos with your phone's camera by shaking your smart watch.

3. **My Profile**

   a. **Personal Information**: Set your personal information so your smart watch can record data accurately.

   b. **Manage devices:** Set notifications for incoming calls, messages from other apps, alarms, sedentary reminder, do not disturb mode, turn on screen when turning wrist and hourly measurements. You can also see if there are new software updates available.

   c. **Settings:** Set 12/24h format, delete info from phone and reset smart watch.

【Basic parameters】

Screen size	1.3 inches
Waterproof	IP68
Type of battery	Lithium polymer battery
Battery capacity	230 mAh
Charging time	2 Hours
Voltage	3.7 V

【Remarks】

1.　The measurement results of this product are for reference only, not for any medical purpose and analysis. Please follow your doctor's instructions and do not rely on the measurement results for self diagnosis and treatment.

2.　Our company reserves the right to modify the contents of this manual without notification. Some functions may be different in other software versions.